

**Jeffrey H. Berg, M.D.**  
Sports Medicine  
Arthroscopic Surgery  
Orthopaedic Surgery

**Stephanie Y. Clop, M.D.**  
Physiatrist  
Electrodiagnostic Studies  
Acute & Chronic Pain  
and Rehabilitation

**Thomas B. Fleeter, M.D.**  
Orthopaedic Surgery  
Sports Medicine  
Arthritis & Joint Replacement

**George Kartalian, M.D.**  
Foot & Ankle Surgery  
Sports Medicine  
Arthroscopic Knee Surgery

**David R. Miller, M.D.**  
Hand/Wrist & Upper  
Extremity Surgery  
Orthopaedic Surgery

**Dhruv B. Pateder, M.D.**  
Orthopaedic & Neurological  
Spine Surgery

**James D. Reeves, M.D.**  
Orthopaedic Surgery  
Adult Hip & Knee Reconstruction

**Raymond Thal, M.D.**  
Sports Medicine  
Arthroscopic Surgery  
Shoulder & Knee Specialist

**RESTON OFFICE**

1860 Town Center Drive, Ste. 300  
Reston, Virginia 20190  
Phone: 703-435-6604  
Fax: 703-787-6575

**CENTREVILLE OFFICE**

6201 Centreville Road, Ste. 600  
Centreville, Virginia 20121  
Phone: 703-378-4860  
Fax: 703-378-4868

**Location of Surgery:** Reston Hospital Center, 1850 Town Center Parkway, Reston VA, 20190

1. The Reston Hospital Preoperative nurse will be contacting you approximately 1 week before surgery.
2. If you have not heard from them by this time, please call 703-689-9005, opt. 1
3. If you do not have any major medical problems, Dr. Pateder will NOT need a preoperative clearance from your primary care physician before surgery. In this case, routine preoperative tests (blood work, EKG, MRSA etc.) will be performed at Reston Hospital prior to your surgery.
4. If a preoperative clearance is requested, your primary care provider may do all of the necessary blood work at their office.
5. Please be aware that while the preoperative nurses are extremely skilled in their field, they are NOT spine experts and have no detailed knowledge about your condition and/or surgery; please direct any questions to Dr. Pateder or his staff.

**THE DAY BEFORE SURGERY:**

- Do NOT eat, drink, or chew gum 8 hours before your reporting time.
- Do NOT smoke, drink alcohol, or chew tobacco 24 hours before surgery.
- Please discontinue the use of any anti-inflammatory medications 5 days prior to surgery (Ibuprofen, Advil, Motrin, Aleve etc.). The exception to this is "baby aspirin" for cardiac reasons.
- Please set up transportation to the hospital as you will NOT be able to drive yourself home, no matter how minor your surgery is.

**THE DAY OF SURGERY:**

- Please bring all MRI's, CT's, and X-ray's (unless we have original copies).
- Please have all of your insurance cards and forms.
- Please bring containers for dentures, contact lenses, glasses, and any other aids.
- Do NOT wear make-up or nail polish.
- Please leave all valuables at home.

Please do not hesitate to contact Dr. Pateder's surgical coordinator if you have any questions: 703-483-4679.